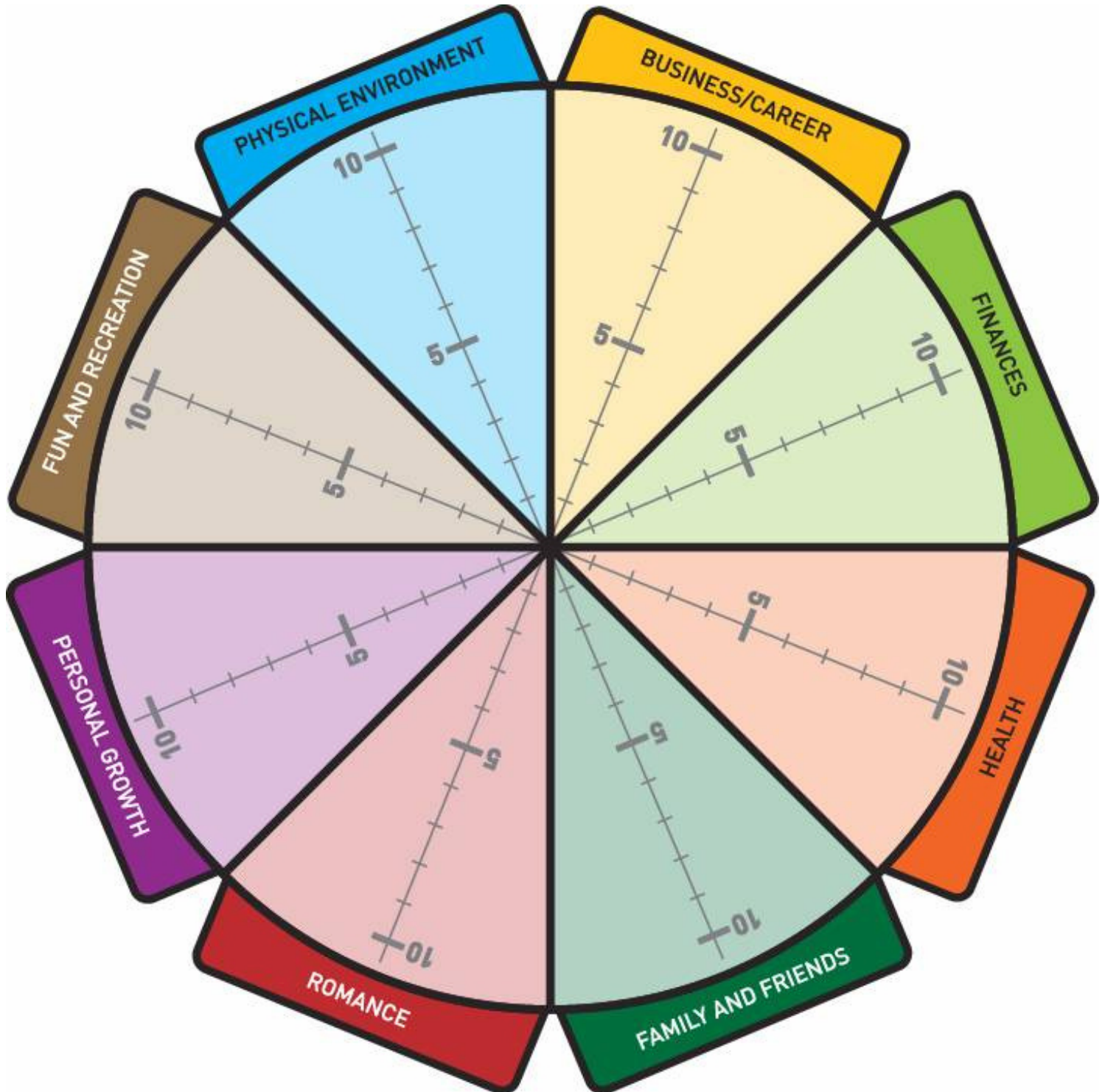


CREATING A LIFE YOU'RE OBSESSED WITH

THE LIFE WHEEL

DIRECTIONS: On a scale of 1-10 (10 being the highest), RATE each of the following areas of your life. You can do this by coloring in the wheel up to the number you rated each area OR you can simply write your number inside of the wheel for later reference. Don't overthink this. Pick the first rating that comes to your mind.



CREATING A LIFE YOU'RE OBSESSED WITH

BUSINESS/CAREER

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

FINANCES

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

HEALTH

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

FRIENDS & FAMILY

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

ROMANCE

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

PERSONAL GROWTH

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

FUN & RECREATION

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?

CREATING A LIFE YOU'RE OBSESSED WITH

PHYSICAL ENVIRONMENT

What do you want in this area of your life? What would make this area of your life a 10?

Why do you want these things?

Of everything you listed that would make this area a 10, pick one goal that you will commit to accomplishing this year. Write that goal here.

Reverse engineer this goal. What will you need to do in order to achieve it?
